



## DAILY BREAD

**SCRIPTURAL LESSON:** *Exodus 16:27-36*

**GOSPEL TRUTH:**

In the *Bible*, bread has a twofold meaning: 1) It refers to food needed to sustain our physical body and is temporary; 2) It also refers to Jesus Christ, the Spiritual Bread, that sustains our spiritual life and it is eternal.

**GOLDEN SCRIPTURE:**

*I am the living bread which came down from heaven: if any man eat of this bread, he shall live for ever: and the bread that I will give is my flesh, which I will give for the life of the world (John 6:51).*

**THE APOSTOLIC FAITH CHURCH DOCTRINES:**

1. Daily prayer shows our dependency towards God to provide all our needs (*Matthew 6:9-13; Luke 18:1*).
2. Jesus Christ nourishes us with spiritual needs (*Psalms 119:11; Matthew 4:4; Ephesians 6:17*).
3. The presence of the Holy Spirit guarantees God's promises (*John 14:25-26; Ephesians 1:12-14*).
4. After God provides, show and express thankfulness (*Psalms 92:1-2; Luke 9:15-16*).
5. Complaining focuses on ourselves, not God, and shows unbelief, which is sin (*Numbers 21:5-7; Philippians 2:14-15*).

**BACKGROUND SETTING:**

Moses had a formidable and challenging task to lead a great multitude of people out of Egypt to the Promised Land. Much of his time along the way he had to react to the people's stubbornness, forgetfulness, constant complaining, and dissatisfaction. The Wilderness of Sin was a dry and hostile environment. They encountered many difficult situations and inconveniences. The natural human response is to complain. Despite the shortages of necessities, God provided for their daily needs. He provided food and water. He provided Manna as a source of food to appear on the ground six days a week (*Exodus 16:15, 26*). When they first saw the Manna they asked themselves, "What is this?" The word "man" in Hebrew means "what." So they called it Manna.

**LESSON SUMMARY:**

In the *Bible* and to some extent today, bread was probably the number one staple food. Jesus exhorts in *Matthew 4:4*, ". . . It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God." In *John 10:10*, Jesus further states, ". . . I am come that they might have life, and that they might have it more abundantly." These scriptures point out that Jesus Christ is our Spiritual Food that will sustain us in this life. Jesus Christ provides the spiritual ingredient to gain eternal life.

Mary sat at Jesus' feet to listen to His words (*Luke 10:39*). King David hid God's law in his heart (*Psalms 37:31*). The Apostle Paul wrote to Timothy that "*All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness*" (*II Timothy 3:16*). They all point to the fact that the *Word of God* is the only true Bread that can satisfy the hungry soul.

In the final analysis it is *God's Word* that shows us our sin and its consequences. It gives us wisdom, knowledge, and understanding to navigate our path in this life. Peter reminds believers that "the word of the Lord endureth for ever." Let Jesus Christ be the primary staple in our lives; then, we will never go hungry.

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